

## The Bulletin for the Wayne Howard Trust

Working in Hampshire to give advice and support to persons who have suffered brain injury, their families and carers.

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### *In This Issue:*

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- *Wayne Howard Trust helps brave Chris*
  - *Old Jars and Wool*
  - *Art in the spotlight*
  - *Trust Founder wins award*
  - *Our Anniversary*
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## Wayne Howard Trust Helps Brave Chris

Fifteen year old Chris McBeth was the first to benefit from the work of the Wayne Howard Trust with a donation of £1,000 towards a fund to help his family buy a special standing frame for him.

The teenager from Lordshill, Southampton and former pupil of St George's Catholic School was left severely disabled and brain damaged after a car accident near his home in May 2003.

Since then Chris has been in a rehabilitation centre and has only recently returned home. Chris desperately needs a standing frame to help prevent bone problems and get him out of his wheelchair but the £4,500 for the frame is not included in his care package.



Picture courtesy - The Southern Daily Echo

Friends and family have started a fundraising drive to get Chris this vital piece of equipment.

The Wayne Howard Trust heard of Chris's plight and stepped in with the £1,000 donation to get the fundraising fund off to a good start.

The cheque was handed over to the McBeth family by Wayne Howard, his partner Tracey and Isobel Howard, his mother and founder of the Wayne Howard Trust. "We read about Chris in the Daily Echo and really felt for him and his family, as we know how difficult it is to get this sort of equipment," said Tracey.

Claire McBeth, Chris's mum was delighted and said: "We would like to say a very big thank you. It is fantastic that there is something like this in Southampton specifically for people with brain injuries."

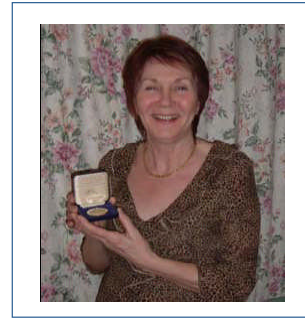
## Trust Founder Wins Award

Isobel Howard, mother of Wayne Howard and Founder member of the Wayne Howard Trust was awarded the coveted Woman of Achievement Medal in a ceremony at the Civic Centre in March 2005.

The award was presented by Mayor of Southampton, Councillor Dennis Harryman in a ceremony to celebrate the achievements of exceptional women who make a difference to the lives of the people of Southampton.

There were eight women recognised this year including: Gillian Finch who has helped the survivors of childhood incest, Ina Kitchen who was recognised for her work as governor at Sholing School, Susan Lawson who supports anyone affected by HIV and Aids at the Ribbons Centre, Natalia Savelyvea who raised £19,000 to help a friend's baby to receive a life saving operation in Uzbekistan, Chris Morris who has contributed to community safety in Golden Grove, Katie Cheeseman who has worked to improved awareness of hearing loss and Sara Al-Rashed who set up the Liberty Pride Cheerleaders on a Southampton Estate.

Isobel Howard received her award for tackling deprivation and inequalities. She has raised funds for her son to receive specialist treatment in Germany after he was left brain-damaged after a near-fatal road accident. She has now founded the Wayne Howard Trust to help others in the same position and offer support and guidance to families wishing to look after their brain-damaged loved ones at home.



*Isobel Howard, with her "Woman of Achievement Medal"*

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*The award was presented by Mayor of Southampton, Councillor Dennis Harryman in a ceremony to celebrate the achievements of exceptional women*

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*Mrs Bumble's Honey-Based Relish, the new condiment was served up with cheese and other nibbles at a launch at the charity's shop*

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### **WANTED FREE PRINTING**



We are looking for anyone who can offer a free printing service for our Newsletter and flyers/leaflets we have designed, ideally in colour but black and white also considered.

Contact us at the charity details on the last page

## Charity gets corporate sponsor

A CHARITY formed by the family of Southampton motorbike crash victim Wayne Howard is celebrating getting its first corporate sponsor.

Vanilla Gourmet Catering, based in Hamble, has agreed to sponsor the Wayne Howard Trust and has created a new relish to celebrate the occasion.

Named Mrs Bumble's Honey-Based Relish, the new condiment was served up with cheese and other nibbles at a launch at the charity's shop in Church Street, Shirley.

A spokesman for the trust said: "The relish was voted a huge success and the evening ended with guests leaving the shop with a delicious taste in their mouths. This is only the beginning of what is hoped to be a mutually beneficial collaboration."

Vanilla have already agreed to create a honey-based energy bar exclusively for the trust and plan to extend the range over the coming year.

The Wayne Howard Trust gives help and support to families and victims who have suffered brain damage.

Wayne a father of three, was injured in a horrific road accident which led to his right leg being amputated and left him with severe brain damage.

Daily Echo readers backed a campaign which raised enough funds to send him to a German clinic for treatment.

## First prize for teacher who frees creativity

Sue Thornton was named overall winner of the Wayne Howard Trust exhibition, that was on display at the city's Harbour Lights cinema complex in Ocean Village during April 2005.

The Winchester mother-of-three was presented with a hand-framed certificate and a bottle of champagne by Southampton mayor Dennis Harryman.



Overall Winner: Susan Thornton with 'Swanage'

left to right, Michael Grimshaw, Fine Art Tutor, Winchester School of Art. Susan Thornton & Mayor of Southampton, Cllr Dennis Harryman

Her painting, Swanage, was one of a series of local scenes she produced last summer. Having previously concentrated on abstracts and life drawing, it was the first time she had turned her hand to landscapes.

Sue, who works as an art teacher at Winchester Prison, said she was "absolutely amazed" her work had been chosen as best in the show.

"To be honest, I just stuck it in at the last minute with my friend," she said.

Exhibition judge Michael Grimshaw said Sue's work was in a class of its own.

Michael, fine art tutor at Winchester School of Art, said: "The winning painting was an outstanding piece of observational drawing."

Check our web site for more details on Sue's work.

## We recycle: Old Jars and Wool?

Our very first corporate sponsor (Vanilla Catering) has created a relish exclusively for the Charity. See our previous story about our sponsor.

Being environmentally aware, and to keep costs down for the Charity, Vanilla use recycled jars to contain the relish. Therefore, if you have any empty jars, - preferably 250 grams or less - with lids, please take them to the shop where they will be gratefully received.

If any of you out there have an old knitting bag, with any oddments of left over wool lurking in its depths, please take them to the shop where they will be snapped up by the local knitting addicts!!

**!!!! NEW - DESIGNER RAIL IN SHOP - NEW !!!!**



Learn why we use the bee as our logo, visit our web site  
[www.thewaynehowardtrust.co.uk](http://www.thewaynehowardtrust.co.uk)

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*Christmas is coming!!*

*We have amazing goods for sale, including beautiful hand made Christmas, quality books, video's and DVD's.*

*You will find a whole host of other goodies that we cannot fit here... so come along to the charity shop in Church Street and see what we have to offer.*

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***Did you know!***

*The Wayne Howard Trust is now celebrating it's second anniversary*

*The Charity shop is celebrating it's first anniversary*

*A Huge Big Thank-You goes out to all our volunteers, trustees and committee members who have helped us to get where we are today.*

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## Wayne's back in the world of bikes



Wayne Just before the bike run

A MOTORBIKE crash victim who suffered horrendous injuries has got back on a motorbike for the first time since his accident.

Father-of-three Wayne Howard from Southampton rode in a motorbike sidecar from Southampton and District Motorcycle Club in Eastleigh to Beaulieu's Motorcycle World.

It was a big day for Wayne, 37, and his family, who have been helping him through years of physiotherapy and treatment since he lost a leg and suffered brain injuries after his crash in August of 2000.

Wayne's mother Isobel, 60, said he enjoyed the ride as he sat in the sidecar with eldest son Jayd in a motorbike convoy all the way to Beaulieu.

She said: "It was quite a big thing for him to do but he seemed to enjoy it. The weather was very hot and by the time we got to Beaulieu we got him out and back into his wheelchair to cool off a bit. He had a lovely time looking round at all the motorbike stalls where there were Harley-Davidsons and classic motorbikes on display."

She added: "Wayne is making good progress. He broke his leg a while back but is out of plaster now so he is getting on with his fitness and toning up again. He and his family are doing very well."

Wayne had been a fit, motorbike enthusiast who enjoyed martial arts before his terrible crash.

Since the accident his family including partner Tracy Goodwin, 38, of Porlock Road, Millbrook,

have set up the Wayne Howard Trust and shop to help other brain damaged patients.

The shop opened in Church Street, Shirley last year to raise cash for the trust and help brain injury victims reach their full potential.

Volunteers are still needed to make the shop work at the best level possible.

Isobel said: "The shop is still going but we are desperate for more volunteers to help us out.

"We want to be able to help people in a similar situation as Wayne to have a good quality of life."

## Volunteer for a good cause!

Volunteers are needed NOW to help the Wayne Howard Trust to achieve it's goals of helping those who have been braindamaged and their carers and families.

If you have a couple of hours to spare each week you could help in the Charity Shop, or with general fundraising or as a Trustee to plan and organise the work of the Trust.

Whatever you can do to help us, we will value and recognise your contribution.

### Contact Us:

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### Footnote:

- Stories originally written by reporters at The Southern Daily Echo.
- More details and stories on the charity can be found at our website.